

• SERVICES

Nhulundu Health Service Aged Care Programs provide three service delivery options for people who are aged or people living with a disability, or their carers:

1. Home Care Packages:

This program helps people live independently in their own home for as long as they can. The Australian Government provides a subsidy to Nhulundu to deliver your package of care.

2. Commonwealth Home Support Program:

This program is an entry level home help program for older people who need some help with daily tasks to live independently at home.

3. Community Care:

This program is for people living with a disability at home to support them to live independently.

- Personal Care
- Respite
- Domestic Assistance
- Transport
- Shopping
- Social Activities
- Social Support Group
- Yard Maintenance
- Accessing Health Appointments



NHULUNDU HEALTH SERVICE

Aged and Community Care for everyone



NHULUNDU
HEALTH SERVICE



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Gladstone Region Aboriginal and Islander
Community Controlled Health Service Ltd
ACN. 610 044 641



NHULUNDU
HEALTH SERVICE

Gladstone Region
Aboriginal and Islander Community
Controlled Health Service Ltd

● OVERVIEW

Nhulundu Health Service has been successfully delivering aged care services for more than 16 years.

Our organisation is fast growing and service delivery is continually expanding to meet the community needs of the Gladstone and Central Queensland regions.

For more than 16 years our dedicated and professional team have been assisting the elderly and those people living with disabilities to live independently in their own homes. These services provide support to Aboriginal and Torres Strait Islander people as well as the wider community. Our services are cost-effective, culturally appropriate and meet the consumers' individual needs. Our experienced and qualified team will work with you, your family or carer to develop a personalised care plan that is both suited to your needs and lifestyle goals for short and long term periods.

● HOW CAN I FIND OUT MORE?

Please phone us or get a family member to phone us on 1800 468 000 - or alternatively, log into the My Aged Care website (www.myagedcare.gov.au) and view the services that are available from our Aged Care Program.

Once you have contacted us, we will arrange a meeting to assess your individual needs, and discuss, with you the care supports that can be provided to you in your home.

● WHAT WILL IT COST?

The Australian Government subsidises a range of aged care services in Australia.

You may be asked to make a contribution for your service, based on your individual financial circumstances. To understand the costs of aged care consult the My Aged Care website (www.myagedcare.gov.au) to view interactive calculators and fact sheets. The funding program or package through which you access aged care services at home will determine how much you will need to pay. Fees and eligibility for subsidy will be discussed with you before you receive the relevant services.



Live at home longer with support from Nhulundu's Aged and Community Care Programs

Nhulundu Health Services' Aged and Community Care Programs are services I can recommend to others because they allow me to live at home independently with support to access a range of personal services, clinical care, shopping and social outings.

I have been using Nhulundu's services for four years. Their staff are professional, courteous and respectful, and they always work to make sure we are happy and our requests are met. If we ask for extras, that too can be arranged.

Each week, I look forward to visiting GRAICCHS Centre Base Day Respite on Tuesday, Wednesday and Friday where a

group of us get to do a range of activities, like games, movies, cooking, arts and crafts, and their lunches are healthy and delicious.

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*"I look forward to visiting
GRAICCHS Centre Base
Day Respite each Tuesday
Wednesday and Friday."*
.....

I don't have a licence so the transport service collects me from home and takes me to HACC as well as my medical or

health appointments, my fortnightly shopping, and activities such as the monthly shows for older people at the entertainment centre.

There's other services too; like personal care, domestic assistance, respite, yard maintenance, and if we require medical aids, this too can be arranged with an assessment.

The Nhulundu team is easy to contact so if you are wanting help to live at home longer and want to connect with others, give them a call today to see what might be available to you.

Cheryl Dodd, Gladstone